

Meet Coach Rebecca

Rebecca has been coaching since 2014. Her NCCP coaching certification is Regional Coach Certified and is currently working on her Provincial Coach certification. Rebecca has completed her Gold Freeskate, Interpretive, Skills and Dance, and 3 Diamond Dances. She is also a Junior Synchro National & International Medalist. Rebecca has an Honours Bachelor of Science degree in Human Kinetics, and a Graduate Certificate in Exercise Science and Lifestyle Management. Her coaching philosophy is to provide skaters with a positive and supportive learning environment where they can grow as a skater and as an individual, by learning both sport and life skills, and achieving their personal skating goals. Rebecca hopes to instill in the skater a lifelong love, not only for the sport of figure skating but for physical activity and challenge.