

## Meet Coach Izzie

Izzie is a certified NCCP Provincial Coach who has been coaching since 2012. She completed Gold Freeskate Elements, Interpretive, Skills and Dance, and has a Bachelor of Science degree in Kinesiology and a Masters degree in Professional Kinesiology. As a coach, Izzie strives to help skaters achieve their goals and potential through a fun, motivating and supportive environment. Not only does she aim to shape good skaters, but good humans, too! Izzie believes this sport can teach skaters of all ages dedication, perseverance, resilience and determination both on and off the ice.