

Meet Coach Heather.

Heather has over 15 years of coaching experience. She is a certified Provincial Coach, a trained National Coach, and a Skate Ontario CanSkate Specialist. Heather completed Gold Freeskate, Interpretive, Skills and Dance, and has been a Skate Canada STAR U Scholarship recipient. She holds an Honours Bachelor of Science degree in Kinesiology from McMaster University. Heather has taught skaters across all levels, and her coaching philosophy is to give each skater the opportunities they need to have fun and achieve their personal goals in skating. Through her continued learning, Heather strives to challenge and encourage skaters to develop their skating, confidence, and other positive life skills through sports.

Heather is also the Program Manager at our club. She leads the development and execution of Skate Canada programming operated by the Club, oversees the operations as the direct liaison between the coaching team and the Board of Directors, and manages the coaching team.