

Meet Coach Brenda

Brenda is a certified CanSkate Coach who has been coaching since 2017. She is currently working on Keats foxtrot, Harris Tango, STAR 4 Skills, and STAR 2 Interpretive. In addition to skating, Brenda brings years of experience in coaching gymnastics/ trampoline. She was a Synchronized Trampoline Provincial Champion and a medalist at national adult skating competitions. Brenda has a medical background where she received a Bachelor of Science degree in Nursing and a Doctor of Medicine degree from McMaster University. As she was once an adult CanSkater herself, Brenda's coaching philosophy is to foster the same lifelong love for skating in her current CanSkaters, just like her coaches did for her. She hopes that the skaters feel her enthusiasm for the sport and believe in themselves such that they can achieve their goals in a fun and safe environment!