

# Dundas Figure Skating Club Off-Ice Skater Development 2018 Spring Schedule

Classes for Off-Ice Skater Development will be offered to STARSkaters and Adults on the following dates and times (note that in order to participate you must be an insured member of the Dundas Figure Skating Club):

<b>Off-Ice Schedule</b>	
<b>Session</b>	<b>Date</b>
1	Saturday, March 31, 2018
2	Saturday, April 7, 2018
3	Saturday, April 14, 2018
4	Saturday, April 21, 2018
5	Saturday, April 28, 2018
6	Saturday, May 5, 2018

<b>Level</b>	<b>Time</b>	<b>Length</b>
STARSkate 3+ / Advanced STARSkate	10:30 am – 11:15 am	45 min
STARSkate 1-3	11:30 am – 12:30 pm	60 min
Adult Flexibility/Stretching	1:00 pm – 1:45 pm	45 min